

Carnival time  
at Xperia  
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# PALAVA TIMES

Palava becomes  
an education hub  
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Published by Palava City Management Association

QUARTERLY CIRCULATION

LIVE!

## ONE CITY, ONE LAKH SMILES

It's celebration time at Palava. **The city has reached a milestone of one lakh residents, in a span of just 9 years making it the fastest-growing new city in India.** With the numerous opportunities for progress, combined with the harmonious community living in practice, Palava is seen not just as a place to live in but also a new way to live by. No doubt, the residents of Palava pride themselves upon being called 'Palavians'. On being asked

what their favourite part of living in Palava is, the answers are always varied - from the way the community comes together for a cause or festive celebrations, to the sense of oneness and belonging. The one lakh residents have made Palava a vibrant and thriving city; one that matches none in terms of how much the residents love and adore what they call 'home'.



## TOWARDS A HEALTHIER FUTURE: AIMS HOSPITAL AT PALAVA



Always committed to the well-being and healthcare of its citizens, Palava has tied up with the Asian Institute of Medical Sciences (AIMS) for its first comprehensive multi-speciality hospital. With the industry's best medical professionals, AIMS - Palava will house

international standard operation theatres and will be equipped with ICU, ICCU, NICU, 24x7 emergency and critical care. The hospital will also have an in-house pathology and diagnostic department.

“Palava has always been the epitome of class, comfort and accessibility for its residents, where they get to lead a healthy and active life. Keeping this in mind, Asian Institute of Medical Sciences (AIMS Hospital) has partnered with Palava to offer its residents high-quality medical services, highly qualified doctors, state-of-the-art infrastructure, along with modern age technology and efficient allied services.”

Dr. Milind Shirodkar, Director (AIMS Hospital)

## PALAVA SHAKTI: BRINGING TOGETHER THE WOMEN OF PALAVA

Harbingers of change, Palava Shakti is a platform for the women of Palava to come together and unite for a good cause. About three years old, this group encourages sharing of thoughts and productive discussions. They have helped build businesses, organise exhibitions and conduct workshops that benefit both men and women. Recently, as part of

mental health awareness month, a workshop was conducted on how to identify and address depression, and the role of yoga and meditation in doing so. The founder of Palava Shakti, Dr. Geetha simply puts it across as, 'women uplifting women' and this undoubtedly is the need of the hour.





LIVE

## PALAVA GOES GREEN

Palava is all about going green, and being eco-friendly. On the occasion of World Environment Day, we celebrated this spirit through numerous green initiatives. Around 1500 people including children, adults and senior citizens took part in the **#PalavaGoGreen** campaign.

Residents participated in large numbers and with full enthusiasm in the plantation and cleanliness drives, while over 700 students took the Green Pledge at the Lakeside Park to protect and preserve nature.

Photo enthusiasts captured the greenery of the city during the Green Photowalk, that took them on a nature trail. The month-long campaign ended with an exhibition where students displayed their work on the theme, 'Best Out of Waste'. The exhibits were displayed at the Xperia Mall and over 1000 visitors voted to help choose the winning project. The activities helped create awareness and emphasised the need to care for the environment.



## THE CENTRUM OPENS ITS DOORS TO PALAVIANS



A quintessential destination for recreation and relaxation, the new clubhouse at Palava - The Centrum, recently opened its doors to residents. Spread across 25,000 sq.ft., it is a civic amenity that provides an avenue for leisure and socialising activities at the swimming pool, indoor games room, gym, kids' play area, theatre, party halls/lawn and more. It also houses an auditorium with a seating capacity of over 100 people and a café to enjoy lip-smacking snacks. With the addition of The Centrum, Palava now has a total of 6 grand clubhouses.



### POWER-ful FACTS

- 1.6 MW rooftop and ground-mounted solar plants are installed in Palava
- Street lights in Palava have smart timers that operate as per local sunrise and sunset time, reducing energy consumption by 15%
- Motion-sensor based dimmable lights installed in Palava help save 35% energy

## FROM THE CEO'S DESK

Dear reader,

We are overjoyed! Palava is now home to one lakh happy residents, and that too in just 9 years, making it the fastest growing new city in India. The city saw a lot of developments in the past few months ranging from professional academies starting their coaching programmes at the Olympic Sports Complex to the opening of Lodha World School (CBSE). I wish to give you a glimpse of all the latest happenings in the city in this edition of Palava Times. Hope you have a wonderful read.

With kind regards,  
Shaishav Dharia - Regional CEO, Palava.  
Thoughts and comments are welcome at [palava.times@pcma.in](mailto:palava.times@pcma.in)





LIVE!



## FASHION AFFAIR AT PALAVA: XPERIA FASHION WEEK 2019

Season 2 of Xperia Fashion Week witnessed stunning models, aspiring fashionistas and global brands coming together to celebrate fashion in a big way. The oomph factor was high as 24 talented contestants walked the ramp, showcasing collections by brands like H&M, Central, FBB, Being Human, Max, Reliance Trends, Levi's, Pantaloons, Revlon and many more. Xperia Fashion Week 2019 gave many a chance to live their dream and take a step closer towards the world of fashion and fame.



## FOODIES' DELIGHT!

Food always on your mind? The Food Court at Xperia Mall will satiate all your cravings and binges. Adding to the envious list of cuisines offered in Xperia Mall, Tadka Nation opened with a lot of fan-fare. With Pop Tate's, British Brewing Company, Pizza Hut, KFC, McDonald's, Burger King and so many top brands to choose from, Xperia Mall has become a one-stop destination for foodies. It is also the perfect place to connect with family and friends over 36 different types of cuisines like American, Italian, Lebanese, Mughlai, Mexican and more.

## CARNIVAL TIME AT XPERIA

"Cowabunga!" exclaimed little Aarav Talreja, a resident of Kolshet Road, Thane who pumped his fist in the air as his favourite Teenage Mutant Ninja Turtles from Nickelodeon stepped on stage amidst a huge round of applause and name chanting at Xperia Mall, Palava.

Children were overjoyed upon receiving gifts from their heroes like Furfuri Nagar's Motu & Patlu, Ninja Hattori, Vedas City's Shiva and many more. The 3<sup>rd</sup> edition of Xperia Summer Carnival was a grand affair with fun games, exciting workshops and amazing offers to choose from.





# ESR TO DEVELOP US \$100 MN INDUSTRIAL PARK IN PALAVA

The Lodha Group in partnership with e-Shang Redwood (ESR), one of the world's leading logistics real estate platform, will soon develop an industrial park in Palava. It is expected to be the first and largest master-planned industrial park in Mumbai being built at an investment of US \$100 million. The industrial park will have non-polluting manufacturing and assembly of high value goods and Grade A warehouses, data centres and cold storage facilities. Its proximity to the Jawaharlal Nehru Port (JNPT) and the

upcoming Navi Mumbai International Airport will make it an ideal warehousing location.

Palava is also developing India's premier business district with over 7 million sq.ft. of world-class office spaces. Giving a further boost to the commercial infrastructure within the city, Palava Business District is all set to attract the best companies from the Advanced IT, ITeS, BFSI, Pharmaceutical, Media and other similar industries.

With sustainable buildings, collaborative workspaces and innovative technology, it is designed for the 21<sup>st</sup> century way of working.

With companies like HDFC Bank operational at Lodha iThink – Palava's first commercial space, the concept of walk-to-work has already become a reality. By 2025, Palava is envisioned to become a US \$10 billion worth economy with over 1 Lakh professionals across BFSI, IT, Media and similar industries.



## NEW STARTUPS AT PALAVA ACCELERATOR MAKE THE CITY CLEANER, GREENER AND SMARTER

Enabling startups and local talent to mutually benefit with an exchange of services and job opportunities, Palava Accelerator has recently incorporated two major startups that are going a long way in enhancing the livability of the city.



Being a green city, Palava gives utmost importance to using eco-friendly and sustainable technology. Cydee Technologies is now on board the Palava Accelerator and is developing unique patented street lights to help public and private sectors reduce the number of light poles by 60%, thereby saving material, manufacturing, deployment and

maintenance cost along with 30% reduction in energy consumption.



Yet another startup at Palava, IOTSPACE specialises in creating products and services in IOT technology.

Their products feature Automatic Power Wastage Detection, Intelligent Coordination with CCTV, Presence Sensing, Spark-Less and Shock-Less Buildings and more. This will reduce the number of wirings in buildings, thus bringing down effective costs.





LEARN.

## PALAVA BECOMES AN EDUCATION HUB

Already home to 3 ICSE schools, namely the Lodha World School, The Shri Ram Universal School and Pawar Public School, Palava now offers a choice of educational boards as well. Recently, the Lodha World School (CBSE) opened its doors to young scholars, providing education of global standards. The school follows the Montessori Method of education developed by Dr. Maria Montessori, a child-centred educational approach.

Multi-age groupings are the hallmark of the Montessori Method: younger children learn from older children; older children reinforce their learning by teaching concepts they have already mastered. This arrangement also mirrors the real world, where individuals work and socialise with people of all ages and dispositions. In kindergarten, kids are mentored by the same teachers for a period of 3 years, thus allowing proper evaluation of their progress. It is no doubt that these distinctive methods of learning lead to remarkable achievements among students.

At the Lodha World School - Palava, out of the 64 students who appeared for the ICSE Board Examinations this year, 25 have scored above 90%, while the topper Ms. Rakshanda Surve at 98% ranks 9<sup>th</sup> in the National List. Undoubtedly, Palava has developed into one of the best education hubs in the country today.



## PALAVA INSTITUTE: EXPANDING THE HORIZONS OF ADVANCED LEARNING

In this dynamic work environment, new-age learning skills is what companies of the future will need. With this aim, Palava Institute, one of the most forward-thinking executive education establishments of our time, was launched. The institute developed along with 9.9 Education is led by Dr. Pramath Sinha who has been instrumental in building leading institutes across India, including the

Indian School of Business (ISB) and Ashoka University.

A hub for high-quality education programmes for working professionals and the emerging talent needs of companies across the country, Palava Institute caters to the skills required by the workforce in this rapidly evolving 21<sup>st</sup> century.



According to Mr. Abhishek Lodha, MD & CEO, Lodha Group, "The Palava Institute is our contribution to making sure that every resident of the Mumbai region can develop to their full potential."

Highly sought after technical and holistic skill sets with a focus on Artificial Intelligence, Blockchain, Cloud Computing, Data Analytics, Entrepreneurship and Financial literacy are part of the courses offered.



LEARN-

## LEARNING, THE FUN WAY: **SUMMER CAMP @ PALAVA**

As kids get restless during summers, engaging them in activities and sports that are fun and promote learning is the main intent at the Palava Summer Camp. A month-long camp was conducted across various venues like the Olympic Sports Complex, FIFA-standard football field, cricket stadium and clubhouses in Palava. Training offered by the



academies in tennis, squash, swimming and badminton saw many eager athletes attending the classes. Football, cricket and lawn tennis also witnessed participation from a large number of kids. As for karate, basketball and skating, some of the young athletes astonished even the coaches with their skills.



## SHAPING THE FUTURE: **LITE OFFERS TEACHER TRAINING PROGRAMMES**



**LODHA  
INSTITUTE  
OF TEACHER  
EDUCATION**  
IGNITING EXCELLENCE IN TEACHING.

*"We'll make you a teacher, the kids will make you a star."*

The Lodha Institute of Teacher Education or LITE, does exactly this, and more.

LITE provides world-class teaching techniques and training to aspiring and passionate teachers. By studying, observing and conducting research, one gains valuable experience in early childhood education.

LITE's specially designed curriculum, hands on training module and distinguished faculty prepares you for a glorious career in teaching.

Post training, several teachers join the educational institutions in Palava as faculty who impart knowledge and learning to the little stars. At LITE, the focus of the institute is on fashioning the best kind of teachers who can in turn shape the future of the world.



## QUICK SOLVE

1. The city has reached a milestone of ..... residents. (3,4)
2. The new clubhouse at Palava is named ..... . (3,7)
3. The Olympic Sports Complex is already operational and is being managed by ..... Sports and Fitness. (7)
4. Multi-age groupings are the hallmark of the ..... method. (10)
5. Palava houses a ..... football field, cricket stadium, a 9-hole golf course and multiple grand clubhouses. (4,8)

Send in your answers to [palava.times@pcma.in](mailto:palava.times@pcma.in)

Winners of the previous quiz are: **Shivendra Dwivedi, Kameshwari Amarvadi and Anurag Gupta**



PLAY

## TRAINING FUTURE OLYMPIANS: **WORLD-CLASS AMENITIES AT THE OLYMPIC SPORTS COMPLEX**

India's next Olympian is in the making. And it could be happening at Palava, this very moment.

With world-class amenities and facilities of global standards, the 'City of Opportunity' ensures that residents live their lives to the fullest, bringing out the best in every Palavian. The Olympic Sports Complex (OSC) in Palava is a facility like no other. Its state-of-the-art infrastructure includes an Olympic sized swimming pool, tennis, badminton, squash and basketball courts.

The facility is a boon for sports enthusiasts and athletes, and is being managed by Natekar Sports and Fitness (NSF), a sports advisory firm. OSC has tied up with Prakash Padukone Sports Academy,

Nisha Millet Swimming Academy, 5 Sports and Pinnacle Tennis Academy to offer coaching for athletes in badminton, swimming,

squash and tennis respectively, across beginner, intermediate and advanced levels.



## IN FULL JOSH: **PALAVA CORPORATE CHALLENGE 2019**



Palava Corporate Challenge - Season IV saw participation from over 700 corporates across multiple sports like football, swimming, squash and lawn tennis. About 500 players from top corporates like Reliance, Wipro, Tech Mahindra, JP Morgan and many more battled it out at the tournaments, in the FIFA-standard football field and the Olympic Sports Complex at Palava. While Deloitte and Willis Towers Watson took home



the winning trophy for men's and women's football respectively, TCS and Atos Origins emerged as winners in lawn tennis and squash. GSA became the undisputed swimming champions in both male and female categories.



### **PALAVA BECOMES THE FAVOURITE VENUE FOR DISTRICT AND STATE LEVEL SPORTS CHAMPIONSHIPS**

Within a short span, Palava has become the preferred destination for district and state level tournaments, thanks to the world-class sports infrastructure. From hosting the Maharashtra Veteran's Ranking Table Tennis Tournament and a 4-day District Level Table Tennis Championship to District Level Swimming Championship, Olympic Sports Complex has become the perfect venue for all sports at one place. Renowned table tennis players like Kamlesh Mehta, Jayesh Acharya, Swastika Ghosh and Suhas Dandekar have graced the city on these occasions. The future looks even brighter as Palava has already become a sports hub.



#PalavaMakesMeMore

## MAKING PALAVIANS PROUD: THE GOLF SENSATION FROM PALAVA

'Change' is an underrated word; it's small but has a huge and powerful impact on our lives. It is no different for the renowned 'Golfer Family' in Palava. When first confronted with the decision of finding a new home in Mumbai, it seemed like a herculean task. But they now unanimously agree that it was one of the best decisions ever. It was a change that led to Varaad being the star of not just his family or school but the entire nation.

Proud to be known as 'Varaad's Dad', Mr. Sudhir Gupte, now a resident of Palava for 4 years, recalls how Palava with its open, green spaces and numerous world-class amenities seemed like a great place to live. But it was the sports facilities, specifically the 9-hole golf course that interested Varaad. Never having tried his hand at golf before, Varaad was eager to do so and what followed was the making of a champion who went on to represent India at the Golf Rendezvous in Thailand and emerged 4<sup>th</sup> among 148 senior golfers across the globe. Apart from winning the Belmondo GolfNxt TBC Championship and Palava Open Golf Championship, Varaad was amongst the top 10 at Albatross India's Prestigious Golfshire tournament.

On any given day, one would find Varaad practising golf; his mom and dad are more than happy to join the game, getting ample 'family time' and bonding over the sport. When not playing golf, Varaad likes to go swimming, plays pool, hits the gym, immerses himself in the books at the library and even likes to cook.

Varaad's mom agrees that golf has made him more mature and composed; thanks to his coaches at Palava, Mr. Pravin and Mr. Prasanth, whose advice, Varaad takes seriously in life: "Never be too aggressive; just stay calm and be focussed".

A student of the Lodha World School, Varaad plans on pursuing golf as a profession. For a nation that is obsessed with cricket, this Palavian has taken a brave decision by wielding the baton of golf and initiating a change.



## HALL OF FAME



**Rakshanda Surve**

Lodha World School - Palava topper scored 98% in the ICSE Board Examinations. She is ranked 9<sup>th</sup> in the National List.



**Vandana Tandon**

Completed Liverpool Rock and Roll Full Marathon 2019 (42 km) in 5 hours 18 minutes. Cut-off time is 6 hours.



**Idhant Chaturvedi**

Won silver and bronze medals at the 36<sup>th</sup> Sub Junior Glenmark National Aquatic Championship 2019 held in Rajkot.